| Food and nutrition 1 <br> Work out 10 things that this picture could represent in regard to food. | Food and nutrition 2 <br> Design 5 unusual ways of encouraging young children to eat healthier food. |
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| Food and nutrition 3 <br> Name 10 healthy foods that you have NEVER eaten. | Food and nutrition 4 <br> What if a single pill could replace your daily food intake? <br> Give 10 different consequences. |
| Food and nutrition 5 <br> School canteens should not sell junk food. <br> Give 5 good reasons for this. | Food and nutrition 6 <br> Predict a type of cooking appliance that will be used in family homes 100 years from now. <br> Draw it (if possible). |


| Food and nutrition 7 <br> Place the letters A-Z down the side of a page. <br> For each letter, name a fruit or vegetable that exists in the world. | Food and nutrition 8 <br> Give 10 different uses for: <br> a coconut. |
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| Food and nutrition 9 <br> All takeaway food outlets should be demolished. <br> Give 5 justifications to this proposal. | Food and nutrition 10 <br> Name 3 ways of peeling a carrot without using a peeler. |
| Food and nutrition 11 <br> Name 5 things that <br> an egg <br> and <br> sunglasses <br> have in common. | Food and nutrition 12 <br> Create an original, healthy and delicious recipe using the following core ingredient: <br> Citrus fruit |

