Food and nutrition 1

Work out 10 things that this picture could represent in regard to food.

Food and nutrition 2

Design 5 unusual ways of encouraging young children to eat healthier food.



Food and nutrition 3

Name 10 healthy foods that you have NEVER eaten.

Food and nutrition 4

What if a single pill could replace your daily food intake?

Give 10 different consequences.

Food and nutrition 5

School canteens should not sell junk food.

Give 5 good reasons for this.

Food and nutrition 6

Predict a type of cooking appliance that will be used in family homes 100 years from now.

Draw it (if possible).

Food and nutrition 7

Place the letters A-Z down the side of a page.

For each letter, name a fruit or vegetable that exists in the world.

Food and nutrition 8

Give 10 different uses for:

a coconut.

Food and nutrition 9

All takeaway food outlets should be demolished.

Give 5 justifications to this proposal.

Food and nutrition 10

Name 3 ways of peeling a carrot without using a peeler.

Food and nutrition 11

Name 5 things that

an egg

and

sunglasses

have in common.

Food and nutrition 12

Create an original, healthy and delicious recipe using the following core ingredient:

Citrus fruit